



ನಮ್ಮೂರ ಸುದ್ದಿ

BRINGING KARNATAKA TO KANSAS

2025 Q2
Newsletter

<https://www.ckskc.org>

Leadership's Harmony

As we look ahead in 2025, the executive committee is deeply inspired by the dedication of our team and the impact we will have collectively. We firmly believe that by strengthening our collaborative efforts with partners and the wider community, while remaining transparent in our operations and maintaining fiscal responsibility, we can reach new heights in fulfilling our mission. With the BOT and our steadfast community by our side, we are confident in the triumphs we'll share as we move forward together.



BOT's Mission and Vision - 2025

As the Board of Directors of Namma Chandana Kannada Sangha – Kansas City, it is a privilege to serve this vibrant and growing community. Our role is to offer strategic direction, ensure good governance, and support our Executive Committee in executing programs that reflect the spirit of Kannadambe — our beloved Kannada language and culture.

Our vision is to foster a strong, united, and culturally rich community that honors our roots while embracing the future. We believe in celebrating samskruti (culture), nurturing sambandhagalu (relationships), and inspiring the next generation to stay connected to Namma Kannada naadu — our homeland through language, art, tradition, and togetherness.

With everyone's support, we aim to create a welcoming space where every Kannada-speaking family feels at home, and every child finds pride in their identity.

Let us continue to walk this path together — with unity, pride, and the essence of Kannada in our hearts.

Upcoming events

UPCOMING EVENTS

2025

Blood drive on August 9th 2025

Donate blood save lives 🩸

“Each drop you give brings hope”

Camping August 29th 2025 to August 31st 2025

Fun food friends enjoy end of summer and early fall ceaselessly. Fill the aura with enthusiastic joy and laughter

Sports event September

Family sports day with stirring activities exclusively for CKS families

Chess Tournament

Friendly community chess event!

And many more events are in planning.. Please visit for latest
upcoming events

<https://www.ckskc.org/upcoming-events>

Communication policies

A friendly reminder to CKS members and group admins

To retain the focus of CKS community WhatsApp group and other social media handles, we request all to follow the responsible steps given below

- Please ensure to post only relevant content, information or updates in this group*
- Refrain self-promotions or any promotional messages*
- Avoid misusing the group for commercial purposes.*
- Respect the group norms and community's purposes*

Ugadi's reminiscence

Ugadi New Year replenished the ambience and the hearts of people with exuberance, reflecting the glory of the event's significance. Excitement and enthusiasm among the members and the team were expressively felt in the aura throughout. The photo booth was traditionally set up, while the stage glistened with widespread charm with a touch of Karnataka's typical village ensembles. The pious crowd added grandeur to the festivity.

The highlights of the Ugadi festival began with an ecstatic introduction of the EC team, followed by culture-emphasizing talks naturally evinced by the MCs. The cultural performances were grandly embraced. The youth committee celebrated high school graduates for their successful completion of high school and gave them a warm send-off for their future endeavors.

Satisfied taste buds were a fortified nod of glee, with Baledale Oota as the magnetic crowd-pleaser. Tasty traditional delicacies were served with utmost love for the food lovers.

The enchantment of our Ugadi celebration has been an inspiration to youngsters, illuminating the cultural nuances of Karnataka and emanating the values of Bharath.

Highlights of Hosathodaku

Hosathodaku reminds me of the merriment of Vana Bhojana from our childhood. It was a delicate and exquisite way to rejoice in the spirit of festivities with the CKS Kutumba. Invincible excitement stayed alive from dawn to dusk. The teamwork elevated the crowd's enthusiasm, while authentic flavours brought joy to the taste buds. We welcomed the New Year's auspiciousness with amazing treats.

Each handpicked dish was exquisitely prepared by mothers' experienced hands, following delicious traditional grandmothers' recipes.

Outdoors in the natural environment, under favourable weather conditions, the day out beneath the open sky was an amazing experience for everyone. Every hand added its unique flavour to the dishes. Delicious delicacies from Karnataka highlighted the beauty of the Hosathodaku event. Everyone's favourite food was served thoughtfully, aligning with individual preferences.

The festival's significance was celebrated with togetherness in the truthful presence of hearts and souls. Our ancestors left us a magnificent legacy in the form of traditions and culture. Meeting and greeting people through various rituals brings a sense of unity and intimacy that binds people of different backgrounds. This concord is an ancient gift that embodies rich kinship.

Felicitation to fanaticism!

Is it worthwhile or a catastrophic nail

Royal Challengers Bengaluru is an assiduous team in the Indian Premier League cricket. The team had been striving hard for 17 years, and this year RCB finally hit victory. “Ee Sala Cup Nammade”—meaning “This time the cup is ours”—was the slogan echoing in stadiums and in living rooms where the game was passionately and closely followed by spectators. The exhilarating performance by the players brought pride and joy to every Kannadiga. The support from fans was immense; the entire Karnataka was jubilant and kicking up their heels. Of course, it is a huge achievement that RCB has won the cup. Fans wanted to celebrate the homecoming in a resplendent way. It was an occasion to celebrate in a country like Bharath, where cricket is one of the most popular sports. The Government of Karnataka felicitated the players on the steps of Vidhana Soudha.

But the fans’ thirst wasn’t quenched with the felicitation alone. An impulsive decision was made, with little preparation. The winning team’s street walk to meet fans was actually be-tided.

Hardcore fans gathered on the streets, but the celebrations did not end in sweet memories. Instead, they lingered as a catastrophic nail in the hearts of many. Tragically, some young lives were lost in this zealousness..

Life is beautiful, yet unpredictable. Young fans of RCB players unfortunately met havoc due to their fanatic devotion. The mob forgot to realise the need to be human first and fans later. This caused great chaos on the streets. Narcissistic actions driven by blind love towards sports idols disregarded fellowship and left behind devastation.

Dear youngsters! Mull over this incident. Was it worthwhile—or a catastrophic nail?

Celebrations will remain in history when they are well-planned and executed. Proper cooperation and consideration for the situation are essential at all times, especially in crowded places. Enjoy—and let others enjoy! Then victories will be marked in the sky.

A message to the youth: Being a fan is not erroneous, but fanatic love towards players, actors, or any celebrity is extremely dangerous. When you step outside, always remember—your beloved parents and family are waiting for you back at home. Do not disappoint them. May prudence guide our lives persistently.

Jai Karnataka Jai Bharath 🙏

Sindhoor- a significant symbol

On April 22nd, 2025, in the Baisaran green pastures of Pahalgam, Kashmir, the area was filled with happy tourists. Out of thin air, four armed terrorists appeared as remorseless men and shot 26 innocent tourists who did not qualify the religious tests or couldn't recite religious verses. Horrified by the incident, the Indian government initially took necessary steps to protect civilians while preparing for the next possible actions.

What is Operation Sindhoor?

As a response from the Indian government, a military operation was conducted called "Operation Sindhoor."

What does Sindhoor refer to?

Sindhoor is the vermilion powder applied on the foreheads of Hindu married women, symbolizing their marital status. It is traditionally applied by husbands on marriage occasions. As part of rituals, the Sindhoor would be wiped off to express grief at the death of spouses.

Why was the name "Operation Sindhoor" chosen?

Since Sindhoor is a symbol of marital status for women, the unknown gunmen who killed innocent husbands and civilians effectively "wiped off" the Sindhoor of unprotected wives—simply because they did not pass the tests or recite religious verses.

What actually happened in Operation Sindhoor?

The operation involved missiles and air strikes at nine different locations in Pakistan (POK/JK), targeting infrastructural facilities and camps of various alleged terrorist groups.

What was India's standpoint?

India accentuated an assertive and coordinated military response to the attack along the Line of Control.

What were the impacts of Operation Sindhoor?

- The power of India's military forces was demonstrated.
- New technologies were deployed during the operation.
- Global support for India was elevated.
- Strategic command on structural integrity was strengthened.

India showcased its readiness in technological progress, actively engaged in dismantling terrorist bases, modernized its arms capacity, and enhanced the strength of indigenous capabilities. These were some of the victories achieved through Operation Sindhoor. It was a significantly successful response to the extremists' atrocities.

We are proud of the Indian Army, Navy, and Air Force. May the strength of our military forces rise to the skies and continue extinguishing enemies.

Bharat Mata ki Jai

Jai Bharath 🍷🙏

The History of Bangalore

The history of the urban center Bangalore begins with a mud fort and a leader's ambition that would set the stage for a city that would be known as the “Silicon Valley of India.” Bangalore, officially known as Bengaluru, is the capital city of the Indian state of Karnataka.


The origins of Bangalore can be traced back to the 9th century, with evidence of settlements in the region during the Ganga dynasty. The name Bengaluru is believed to have been derived from Benda Kaluru, meaning "boiled beans" a name attributed to a 12th-century Hoysala king, Veera Ballala II, who was served boiled beans by a local woman when he was lost in the area.

In the 16th century, Kempe Gowda, a chieftain under the Vijayanagar Empire, is credited with founding the modern city of Bangalore. He established a fort and laid out the city's basic infrastructure, including roads and markets. Kempe Gowda's vision and leadership laid the foundation for Bangalore's growth as a trading and commercial hub.

The city came under the control of the Marathas, the Mughals, and eventually the British in the 18th century. During British rule, Bangalore became an important military and administrative center, with the establishment of the Bangalore Cantonment. The British influence is still evident in the city's architecture, with colonial-era buildings and churches dotting the landscape. Post-independence, Bangalore emerged as a center for public sector industries, including aerospace, telecommunications, and defense. The establishment of prestigious institutions such as the Indian Institute of Science (IISc) and Hindustan Aeronautics Limited (HAL) further cemented its reputation as a hub for scientific and technological research.

The late 20th century marked a significant turning point for Bangalore with the advent of the information technology (IT) industry. The city became known as the “Silicon Valley of India” attracting multinational companies and startups alike. The growth of IT parks and tech firms transformed Bangalore into a global IT powerhouse, contributing significantly to India's economy.

Today, Bangalore is a vibrant and cosmopolitan city, known for its diverse culture, educational institutions, and thriving arts scene. Despite rapid urbanization and modernization, the city retains its historical charm, with lush gardens, historical sites, and a pleasant climate. As Bangalore continues to grow and evolve, it remains a symbol of India's dynamic and multifaceted identity.

By [Purvik Byregowda](#),  ಸೂರ್ಯಕಾಂತಿ Kannada Shale

The Advantages of Multiple Languages

Whenever you have started to learn a language, because either your parents make you to or you just want to, have you ever thought, “Hey, why should I learn this? There can’t be too many advantages, right?”, and as your small brain thinks something else, “I shouldn’t have been learning this”, well, you are WRONG! Today follow along as we explore the massive advantages of being bilingual/multilingual.

As one reason, learning multiple languages increases your mental ability, and decreases brain aging. Not only this, bilinguals remember pictures, letters, numbers, and more stuff better. Even if you are old, you would still get the benefits of a second language like youngsters do when they learn. Actually, doing this prevents memory loss by natural causes. Bilinguals also can switch back-and-forth easily and also have far better problem-solving skills than monolinguals. The part of the brain that does attention and decision making is usually better in bilinguals than in monolinguals, which also does better on focus.

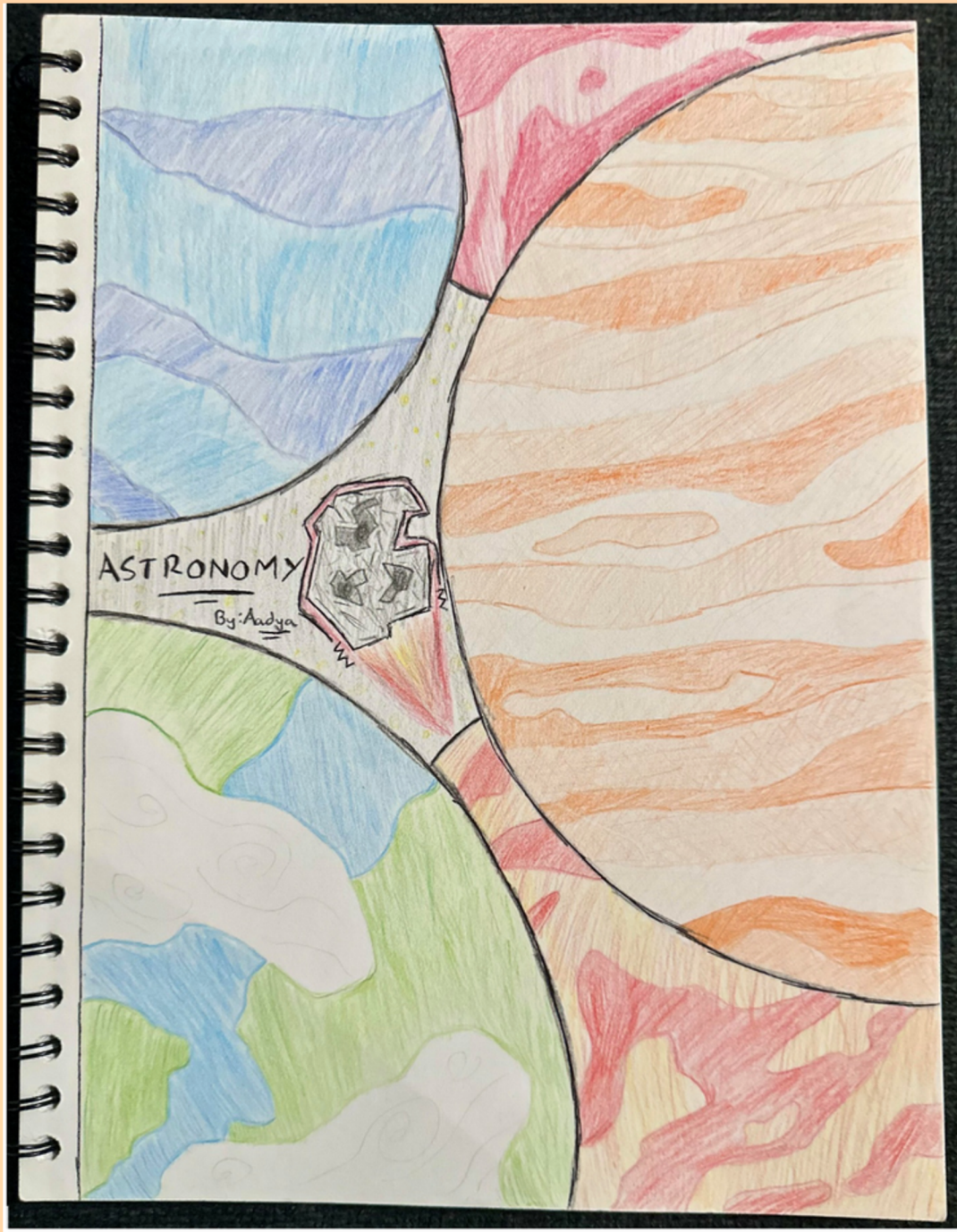
One study actually found that monolinguals are better at verbal solutions, while bilinguals are better at creative answers. This makes them more flexible and robust in math and science. But, something else is that this also slows down Alzheimer’s disease. In all, though, learning a second language is very useful in terms of multiple factors in the past paragraph, and just remember that when you are learning a language.

By Samanyu Sampat, ಸಮಯಕಾಂತಿ Kannada Shale



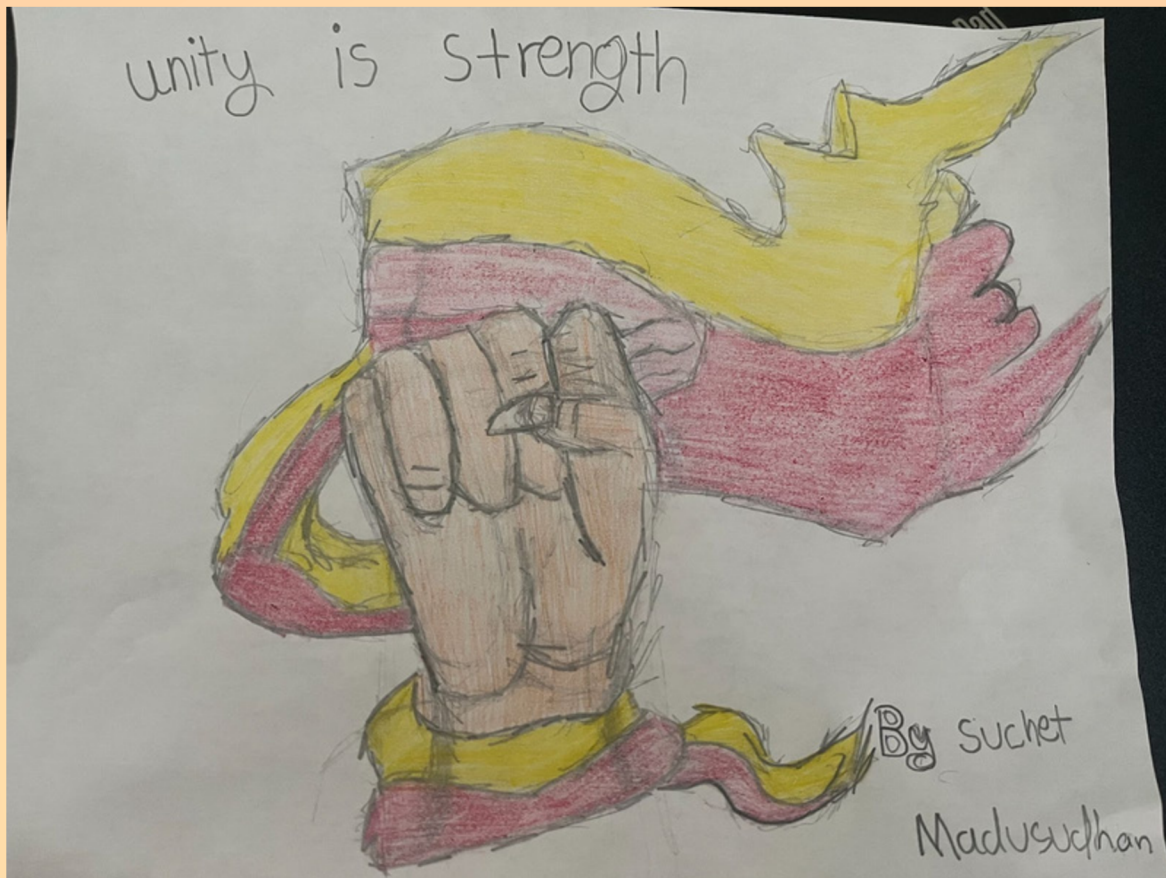
Art Work

By Aadya



Art Work

By Suchet Madusudhan



|| VISHNU SAHASRANAMA ||

My experience

Vishnu Sahasranama Stotram is a compilation of a total of 108 shlokas. Vishnu

Sahasranama literally means a thousand names of Lord Vishnu.

As per the Hindu epic Mahabharata, after the war ended, Yudhishtira, the eldest of the Pandavas were desperately looking for the answers relating to Dharma and Karma.

Lord Sri Krishna, who understood Yudhishtira, guided him to seek Bhishma's advice and learn from his vast knowledge and his experience.

Bhishma was blessed with "Ichha Mrutyu", which meant that he could choose when to accept death and leave his worldly being. He was laying on the bed of arrows that Arjuna had shot at him in the battlefield.

Bhishma blessed Yudhishtira and gave him advice on several aspects of leading truthful life and to being a kind and a just ruler.

Bhishma also praised Lord Krishna for his efforts towards upholding Dharma. He then recited Vishnu Sahasranama. He emphasized how one could be liberated of all worldly Karma by reciting Vishnu Sahasranama.

Veda Vyasa compiled 'Vishnu Sahasranama' when he wrote the Epic "Mahabharata".

Vishnu Sahasranama is made up of three parts. First part is Poorva Bhaga, Second Part is Stotra Bhaga and the third part is Uttara Bhaga. Poorva Bhaga consists of questions asked by Yudhishtira along with Dhyana Shloka.

Stotra Bhaga consists of thousand names of Lord Vishnu Uttara Bhaga consists of Phalashruti, which tells us about the benefits of reciting Vishnu Sahasranama.

|| Benefits of Reciting Vishnu Sahasranama ||

Spiritual Side: Saying the thousand names of Lord Vishnu, itself would get you closer

to spirituality. It will improve concentration, bring good fortune and happiness. Above all,

it helps you to establish a deep connection with the Almighty.

Scientific Side: Chanting the Vishnu Sahasranama can lead to reduced stress levels,

anxiety, and depression levels, improved spatial memory, and regulated blood

pressure. It is scientifically proven through research.

Research Article: https://ijrap.net/admin/php/uploads/1661_pdf.pdf

|| Snippet Sholka from Vishnu Sahasranama ||

शान्ताकारं भुजगशयनं पद्मनाभं सुरेशं

विश्वाधारं गगनसदृशं मेघवर्णं शुभाङ्गम् ।

लक्ष्मीकान्तं कमलनयनं योगिभिर्ध्यानगम्यं

वन्दे विष्णुं भवभयहरं सर्वलोकैकनाथम् ॥

– *By Ruthvik*

Madhusudhan

Grade 8

ಕವನಗಳ ಕಂಪು

ಮನದ ಮಂದಾರ

ಓ ಮನವೇ!

ವಸಂತದ ಹುರುಪಲಿ ದುಂಬಿಯ ಕಂಡೆಯಾ
ಹುಣ್ಣಿಮೆ ರಾತ್ರಿಲಿ ಚಕೋರನಿಗೆ ಸೋತೆಯಾ
ಮಿಂಚಿನ ಬೆಳಕಲಿ ಮೇಘವ ಕರೆದೆಯಾ
ನಿಶ್ಯಬ್ಬದ ಹೊತ್ತಲಿ ಎಂಥದು ಈ ಮೌನದ
ಕೋಲಾಹಲ...

ಒಲವಿನ ಗಂಧವ ಹೂಗಳಲಿ ಪಡೆದೆಯಾ
ಚೆಲುವನ ಮುಖವನು ಚಂದ್ರನಲ್ಲಿ ನೋಡ್ಡೆಯಾ
ಮುಸ್ಸಂಜೆಯ ಕೆಂಪನು ಕೆನ್ನೆಗಳಿಗೆ ಹಚ್ಚಿದೆಯಾ
ನಿಶ್ಯಬ್ಬದ ಹೊತ್ತಲಿ ಎಂಥದು ಈ ಪ್ರೀತಿಯ
ಕುತೂಹಲ...

-ರೂಪ ರಾಣಿ ಬುಸ್ಸ

ಪ್ರೀತಿಯ ಇಂಚರ

ಹೇ ಪ್ರೀತಿಯೇ!

ಫಳಫಳ ಹೊಳೆಯುವ ಚಂದ್ರಿಕೆಯ

ಸಖಿಯಂತೆ

ಲಾಸ್ಯದಿ ರಂಜಿಸುವ ರಜನಿಯ ರಾಗವಾಗಿ

ಮಿಣುಗುತ ಹೊಳೆಯುವ ತಾರೆಯ

ಸೊಗಸನ್ನು

ಈಕ್ಷಿಸುವ ಕಣ್ಣುಗಳ ಆತುರದಲಿ ನೀ ಕಂಡೆ

ಕೌಮುದಿಯಲಿ ನಲಿಯುವ ಕಮಲದಂತೆ

ನಿರ್ಮಲ ಯಾಮಿನಿಯ ಆಗಸವಾಗಿ

ತಂಗಾಳಿಯ ಲಹರಿಗಳ ಲಯವನ್ನು

ಸ್ಪರ್ಶಿಸಿದ ಭಾವಗಳಲಿ ನೀ ಕಂಡೆ

-ರೂಪ ರಾಣಿ ಬುಸ್ಸ

Recipe - Cookies

Hi everyone! I am Aarna Purushotham, today I am going to tell you how to prepare cookies in an Air Fryer! Enjoy your Tasty Cookies After!

Get ready to make Choco Cookies

Ingredients:

1) 1/2 cup Butter (melted)

2) 1/4 cup Sugar

3) 1 egg

Whip it together!

4) 1 teaspoon of Vanilla Extract

Mix it!

5) 1½ cups of Flour (all purpose)

6) 4 teaspoons of baking soda.

7) 1/4 teaspoon of Salt

Mix it up!

8) 1 cup of Chocolate Chips.

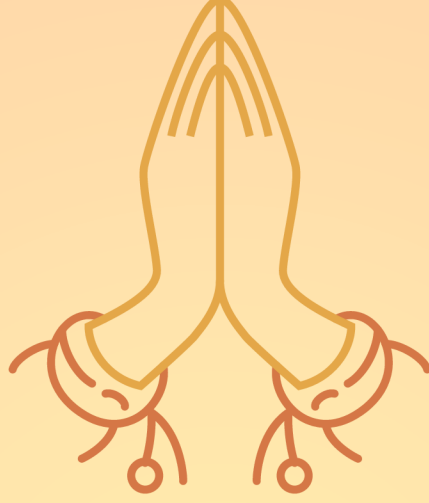
Mix it in!

Procedure to prepare in the Air Fryer.

From the above prepared mix, make the shape you want and put them into air fryer. Keep 300

degrees Fahrenheit for 14 min. After it is done let it cool for 2min.

Your Cookies are ready! Serve and Enjoy it



ಧನ್ಯವಾದಗಳು



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